



Bletchley & District Swim Club

Welcome to the 10th edition of the Bletchley & District Swim Club Newsletter.

We are coming to the end of another season and one that has seen unprecedented success for the club. I feel this is a fine opportunity to share the success of the club with you.

Learn to swim

This section seems to go from strength to strength and has recently produced a fair number of young talent which have now started to participate in competitive swimming in. This started of with the Sharks and Dolphins gala we held at Leon pool and was enjoyed by all.

The overall result was as follows:

Lane 1 Dolphins = 21 points

Lane 2 Sharks = 13 points

Lane 3 Dolphins 15 points

Lane 4 Sharks 17 points

Final combined score = Dolphins 36 points and Sharks 30 points, so a fairly close run thing. There was a good team atmosphere portrayed throughout the relays and some excellent participation from the learn to swim section of the club. There was loads of encouragement given, which helps build the relationships and rapport within the teams, and this I am sure helped the younger ones, who hadn't taken part in races before do so well. The gala was rounded off by some 25m sprints, which again was the first time some of the younger ones had taken part in a timed swim. The club would like to especially thank the following swimmers, for the effort shown and for participating in the first instance: Shannon Missen, Corey Hooke-Goodrum, Rebecca Vernon, Lauren Revell, Georgina Hopkins, Hannah Vernon, Shannon Roy, Naomi Lee, Kyle Reading, Callum Read, Ashley Jones, Sam Pateman, Amy Bass, Hannah Allen, Andrew Vernon, Jodie Fisher, Aimee Hooke-Goodrum, Stuart Spencely and Connor Lee. Thanks also go out to the junior and senior squad swimmers for the support and encouragement given to these swimmers, which helped, make it the success we had hoped for. Finally thanks go to Helen Bass for organising the event and to all the coaches, timekeepers and helpers for their time, along with the parents for their support. We are looking to arrange 2 more of these galas, times and dates will follow in future newsletters.

Could I please ask that anyone who sits on the balcony that they clear up any cups/wrappers etc. that they use and put them in the bins provided in the canteen/outside the main entrance. The club would hate to lose pool time as a result of this, as the kids are the ones that would miss out. Your cooperation would be greatly appreciated.



County Championships

For a small training club like Bletchley and District, it is a great achievement to produce swimmers capable at swimming at County Level. This year saw a record 18 swimmers take part, swimming a total of 139 swims and recording 97 personal best times in the process. A total of 33 club records were broken and 36 swims finished in the top 8 of the championships, which is an excellent achievement. In the boys events Robert Hewett qualified for 10 finals and recorded 4 x 3rd place finishes, 2 x 4th place finishes and 4 x 5th place finishes. He broke 8 club records in the process and this included qualifying for the 100m freestyle final in a sub 60-second time of 59.62 secs. This was repeated in the final itself with a time of 59.92 seconds. Jonny Quainton also qualified for 10 finals with 1 x 4th place finish in the 50m backstroke in a new club record time of 37.85 secs, 3 x 5th place, 3 x 6th place, 2 x 7th place and 1 x 8th place finishes. He also broke a further 7 club records during the championships. Lawrence Pargeter qualified for 3 finals with a 4th in the 200m backstroke in 2 mins 35.00 secs and 2 x 8th place finishes. Stuart Pargeter finished 6th in the 100m breaststroke in a time of 1 min 29.16 secs and Andrew Wadsworth finished 7th in the 100m breaststroke in a time of 1 min 44.32 secs in his age group. Ryan Weston qualified for 3 finals with his best finish being 4th in both the 50m and 100m backstroke and also a 8th place finish in the 100m I.M. All 3 of these swims set new club records with a further club record set in the heats of the 100m freestyle. In the girls events Emma Humphrey finished 7th in the 100m backstroke in a time of 1 min 41.65 secs and 8th in the 200m backstroke setting a new club record of 3 mins 32.96 secs, while Amy Goodman finished 4th in the 100m breaststroke in a time of 1 min 52.63 secs. Rebecca Allen qualified for 3 finals with a best placed 6th in the 200m backstroke in a time of 3 min 15.92 secs and 2 x 8th place finishes whilst Nicole Bass qualified for 2 finals with a best placed 5th in the 50m breaststroke and a 6th place finish in the 200m breaststroke. Kirsten Beamish set 5 new club records during the heats throughout her championships, Claire Humphrey 3 new club records, Kiran Flynn 2 new club records and Lucy King and Joanne Quainton 1 apiece. The following swimmers also swam at these championships, Daniel Barry, Darren Quainton, Leigh Wright and Natalie Barry all recording personal bests.

Alison Powell's Coaches Report

I was pleased to announce the Team Captains for 2005 at the Sharks and Dolphins gala on Monday 14/03/05. It was a very hard decision, as many of the swimmers who were brave enough to put themselves forward, were of a similar standard. However a decision had to be made and I am sure that Joanne Quainton and Leigh Wright will make good captains, following all the requirements of the role. Well done to you both. Thanks go to Faye Carruthers, Catherine Knight, Robert Hewett and Lawrence Pargeter for all putting themselves forward to be considered. I would also like to take this opportunity to thank the 2004 captains, Lawrence Pargeter and Sarah Powell.

Graham has covered off the Counties in the above report, but I felt I must say how very proud I was of you all, for the effort that was displayed during the hectic county weekends. The hard work is finally paying off with so many swimmers being in the top 10, but also those who took part for the first time and swam brilliantly. Poor Andrea has so much writing to do with the amount of PB's recorded. A BIG WELL DONE to you all, not forgetting the Teachers who helped to make this possible.